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Fresh Air Fitness, Unit 2K, Albany Park,





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## **Primary School Outdoor Gym Equipment** www.freshairfitness.co.uk

## Why Fresh Air Fitness?

## As one of the first companies to introduce outdoor gym equipment in the UK we know how perfect it is for primary schools.

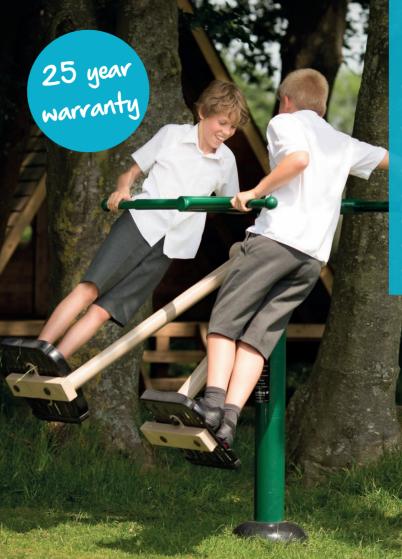
- We have the largest range of equipment in the UK, all built specifically for children, Key Stage 1 & 2.
- Endorsed by OFSTED, our gyms can be set out in one gym zone or as a trim trail.
- We offer curriculum-friendly lesson plans to support teaching staff.
- All equipment is compliant with EN16630 and EN1176.
- Benefits to the children are huge! Including improved fitness, muscle strength, flexibility, balance, co-ordination, cardiovascular fitness and physical literacy.
- Our gyms promote imaginative play, social interaction and stimulate emotional wellbeing.
- Provides innovative PE experiences and the opportunity for children to develop a life-long love of exercise.



Need funding? We can help, call us for more information.







## Why an Outdoor Gym?

- Fresh air and exercise are a winning formula for physical, mental and emotional wellbeing
- Section Se
- Creates an additional outdoor classroom
- Perfect for PE lessons or as part of general playtime
- ⊘ Makes exercise fun!

From day one all students were drawn to these exercise machines ...thank you for making a real difference

Keith McKenzie, Head Teacher, Hall School