



**ONLY  
£4,000\***  
Delivered and  
Installed



# Park Starter Package

Create a free to use, outdoor gym for your local community. 3 pieces suitable for 5 users at once, this starter pack offers a range of exercises to build cardio strength and stamina, muscle tone and flexibility. Suitable for all abilities and ages 11+.

✓ **Air Skier**

A fantastic product that builds core strength, cardio fitness and improves flexibility. Suitable for 2 people to use at once.

✓ **Double Air Walker**

Our most popular piece of equipment. A great cardio piece that exercised the legs, hips and core. As well as improves balance, coordination and flexibility.

✓ **Rider**

Similar to a rower, but in an upright position, users push with their legs while pulling with their arms against body weight as resistance. Building cardio fitness, stamina and muscular strength.

**A host of supportive materials to help your community use the equipment safely and effectively**

**PLUS**



Each product is labelled with safety information and instructions for use.



Youtube channel with instructional videos for each product.



Free App with suggested workouts, warm ups, cool downs and more.



Rider



Double Air Walker



Air Skier

Starter Package



User guides



\*Excluding VAT. Subject to our standard T&C's