



# The Big Rig.

## Challenge Everyone.

**ONLY  
£10,000**  
Includes delivery  
& installation

**Developed for functional training,  
the Big Rig offers multiple body  
weight training opportunities.**

This functional training frame offers unlimited workout opportunities to challenge everyone, beginners to advanced. Build cardio and muscular strength, tone and balance.

The Rig includes a series of pull up bars, dips and ladders along with multiple workout stations positioned around the edge of the rig, allowing everyone to build strength, stretch and tone from absolute beginners to regular gym goers.

There are also multiple anchor points for users to add training straps, punch bags or battle ropes for additional workout options.

Set within an area of 92m<sup>2</sup> and suitable for 15+ users at once, it's the perfect solution for secondary schools, communities, sports teams and clubs to work out together irrespective of fitness levels



**FREE**  
Site Survey  
Quote SBM20

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 **FreshairFitness**  
The outdoor gym specialists