



# FreshairFitness

The outdoor gym specialists



SAVE OVER  
**10%**

## Park Starter Pack

Create a free to use, outdoor gym for your local community to use. 3 pieces suitable for 5 users at once, this starter pack offers a range of exercises to build cardio strength and stamina, muscle tone and flexibility. Perfect for all abilities and ages 11+.

### ✓ Air Skier

A fantastic product that builds core strength, cardio fitness and improves flexibility. Suitable for 2 people to use at once.

### ✓ Double Air Walker

Our most popular piece of equipment. A great cardio piece that exercised the legs, hips and core. As well as improves balance, coordination and flexibility.

### ✓ Rider

Similar to a rower, but in an upright position, users push with their legs while pulling with their arms against body weight as resistance. Building cardio fitness, stamina and muscular strength.



Double Air Walker



Rider



Air Skier

**Only £4,000  
delivered and installed!\***

\*Excluding VAT. Subject to our standard T&C's